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Redcliffe

FREE APRIL 2024 | EST. 2014

GUIDE



**RUNNING FOR REDCLIFFE HOSPITAL -
GETTING 'REDDY' TO RAISE IT FOR REDCLIFFE**

**VETERAN STORIES
SHOWCASED IN
WAR MEMORIAL
EXHIBITION**

**TRADES
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INSIDE

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A Note from the Editor

APRIL
2024

Welcome to the April edition of the Redcliffe Guide! I am excited to bring you some great local events on the Peninsula this month. There is literally something for everyone!

On 25 April, we will mark ANZAC Day and remember the sacrifices made that enable us to enjoy the freedom we have today. We have two lovely ANZAC stories this month one on page 6 and one on page 10. If you would like to attend a service or a march, you can find one near you on the City of Moreton Bay website.

Tune in to my radio interview with Johnny and Suzy from Bridge FM's 'It Takes Two' on Sunday night 31st of March when we chat more about what's going on in the Community.

There are loads more great stories plus entertainment, trades and services in this month's Redcliffe Guide. And don't forget to scan the QR code below to listen to this month's Guidecast!

So until next month, happy reading - and listening.

Jodie

Scan to hear our latest podcast!



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IN SAD & LOVING MEMORY

STORY **PATTIE TANCRED**

Of the 198 men resident in Redcliffe at the time of the First World War, 58 are named on the Humpybong roll of honour as having served their country. Not listed, of course, are the parents, wives, children and sweethearts who saw them off. Many of those soldiers came home to be reunited with their loved ones; some did not. The glimpses that history provides us of the ordinary lives of these lost boys and their families make their absence all the more poignant.

Private William Harold Turner was 24 and a labourer employed by the Redcliffe Shire Council when he enlisted in October 1916. His parents, William and Sarah, lived at Esplanade House, Redcliffe, which they had run as a boarding establishment since 1913. William also catered to the holiday trade by renting out tents and boats. Harold, as he was known, had a sister, Muriel, at whose wedding in 1914 (reception at Esplanade House) he had acted as best man.

Harold sailed for England in December 1916 but on disembarkation was hospitalised with mumps. Later, while in training, he was hospitalised again, this time with influenza. He finally crossed to France in July 1917 and saw action at Ypres and Passchendaele. He suffered a head wound on 14 October and died two days later.

Staff Sergeant William McNaughton never saw active service. He left Australia in July 1918 and, upon arrival in England, was stationed in Wiltshire. He fell ill with influenza and pneumonia in February 1919 and died, aged 31, on the 9th, three months after the Armistice. He was buried in a family grave in Scotland.

In civilian life, William had been a dental mechanic and had worked for Mr Finemore, a dentist, in Maryborough. His bereaved parents

were William and Jessie, who resided at Jetty View, Redcliffe. Someone else who mourned him was Miss Honor Edwards. A snippet in the Maryborough Chronicle of 22 February 1919 reports that she was travelling to Redcliffe “where she will be the guest of Mr and Mrs McNaughton.” It is safe to assume that she was William’s sweetheart, especially as in 1920, on the anniversary of his death, the following notice appeared in the Brisbane Courier: “In sad and loving memory of my dear friend, Sergt. W (Mac) McNaughton of the Dental Corps ... Sadly missed by his sorrowing friend, Honor (Maryborough).”

Real people, with real lives, suffering real loss and sadness: this is the true meaning of war.

[With thanks to MBRC ourstory.moretonbay.qld.gov.au and the Australian War Memorial. Image courtesy of Australian War Memorial.]

William McNaughton’s grave, Stirling, Scotland.



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MEET THE CAPTAINS



(Left to right) Student Ambassadors, **Charley Wyatt, Connor Ind, Emily Baulch, Lacey Simpson**

Step into 2024 with courage and embrace vibrant futures! As the 2024 student leaders, our vision is clear: 'Nail the Connection' through communication and participation. We're dedicated to uniting our school community, empowering students to achieve personal, academic, and career success.

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School Captain Left- **Michael Robinson**,
School Captain Centre- **Ethan De Bond**,
First Nations Leader Right- **Maddison Smart**

At Humpybong State School our leadership program involves a Student Council consisting of student leaders from Years 3-6. Students can become Class Representatives as well as School Captains, First Nations Leaders, House Captains, Music and Arts Captains, Language leaders and Eco Marines. This means that all students can make a difference in our great school.



Humpybong State School
Ernest Street, Margate, 4019
Phone 07 33851666



BRAEDEN GATES
Captain



ISABELLA IVEY
Captain

At Southern Cross, a strong emphasis is placed on our Lasallian core principles. This year, as College Captains, we aim to focus on being a presence across all four campuses by forming a stronger sense of house and school spirit.



Southern Cross Catholic College
307 Scarborough Road, Scarborough QLD
Phone 07 3480 3600



St John Fisher College 2024 School Leaders
(Left to right) **Anju Maliakkal** and **Gloria Adzraku**

St John Fisher College
John Fisher Drive, Bracken Ridge QLD 4017
Enrolments 07 3631 0810



St John Fisher College
BRACKEN RIDGE



Left to Right – **Paul Mikhail-Gouda** (Vice Captain), **Cohen Taylor** (Vice Captain), **Riley Horn** (Captain), **Finn O'Sullivan** (Vice Captain).

Our theme for 2024 is 'Brothers in Spirit: United as One'. Our goal as Senior Leaders is to encourage each one of us to be the best versions of ourselves, create meaningful connections and unite the College community as one.



St Patrick's College
60 Park Parade, Shorncliffe
Phone 07 3631 9000



Left to right: **James Mayne, Isabelle Ferguson, Isabelle Preece and Jack Perkins**

Our mission for 2024 is to 'encourage everybody to be their best unique self'. In our captaincy, we would like to showcase the personality and spirituality of the College, alongside encouraging a positive attitude to learning and life.



GRACE LUTHERAN COLLEGE
EST.1978

Grace Lutheran College
Rothwell Campus
Anzac Ave & Mewes Rd, Rothwell
Phone 07 3203 0066



Sandgate District State High School 2024 captains **Faith** and **Thomas**

Our role as School Captains at Sandgate District State High School is to strive to improve the school, through its culture and community, by creating an inclusive space for all. To us, leadership is the dedicated work to envision the future of our school and students.



Sandgate District State High School
41 Braun Street, Deagon Qld 4017
Phone 07 3869 9888
Open Day Thursday 16 May 2024 4-6.30pm



St John Fisher College
BRACKEN RIDGE



GRACE LUTHERAN COLLEGE
EST.1978

VETERAN STORIES SHOWCASED IN WAR MEMORIAL EXHIBITION



STORY **ALYSSA MACKAY**
PHOTO **AUSTRALIAN WAR MEMORIAL**

A touring exhibition from the Australian War Memorial has arrived at the Redcliffe Museum just in time for Anzac Day.

The Ink In the Lines exhibition explores the personal stories and experiences of Australian veterans, told through the medium of tattoos.

City of Moreton Bay Mayor Peter Flannery said more than 70 portraits vividly captured the essence of 21 Australian servicemen and servicewomen, revealing their identities, commemorations, traumas, bonds, and the unique experiences that shaped their lives.

"It is important for us to showcase travelling exhibitions of this calibre in our museum," Mayor Flannery said.

"Not only can we display these beautiful and intimate photographs but we're also able to share a deeper understanding of the lives and stories of Australia's modern war veterans."

In 2018, the Australian War Memorial invited servicemen and servicewomen with military-themed tattoos to share their stories through oral history interviews and portrait photography. Many of these stories and images now feature in the Ink In the Lines exhibition.

The tattoos chosen by these veterans serve as a means of self-expression, identity and belonging, and a way to commemorate

relationships, process grief and honour lost friends. They are conversation starters and share a common purpose – to remember.

"Every tattoo has a story behind it, and in the Ink in the Lines exhibition, Australian veterans tell their own stories," Mayor Flannery said. "It's not just about why they got the tattoo, it's about what it means to them.

"One of the most impactful stories is told by Kylie from Woombye, who explains how her tattoos have helped her manage PTSD and move forward in her life."

The exhibition has already seen great success at Redcliffe Museum, attracting more than 130 visitors in its first week, including veterans and their families, tattoo enthusiasts, students, disability and aged care groups and RSL members from across South East Queensland.

To complement the exhibition on Anzac Day, the museum will be showing recorded interviews with several Moreton Bay veterans who served in the Vietnam War.

"For our younger visitors, we also have craft activities like poppy making, which can then be displayed on the museum wall," Mayor Flannery said.

The exhibition runs until Sunday, 12 May.

Visit the Ink In the Lines exhibition during Redcliffe Museum's opening hours, Wednesday to Friday, 10am to 4pm, and Saturday to Sunday, 10am to 3pm.

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FASHIQUE RUNWAY – CONNECTING FASHION WITH CARING FOR COUNTRY

STORY **SALLY EBERHARDT**

High fashion meets upcycling and caring for country in a black-tie evening of glamour, inspiration and sustainability.

Fashique Runway 2024 brings you a rare opportunity to experience the remarkable talents of homegrown and international First Nation designers. Culture, creativity and conscious living are expressed in every detail of the extravaganza – from the three-course dinner featuring local produce with indigenous flavours to the diversity of designs in the luxurious yet sustainable setting.

Cheryl Creed, founder of Fashique Runway and Murrii Quu Couture, said she was inspired by wanting to create a platform where emerging designers, models, and artists could showcase their work and be appreciated for their unique perspectives and contributions toward 'Caring for Country'.

"Caring for Country to me embodies a deep sense of responsibility and stewardship," Cheryl said. "It involves respecting and preserving the land, acknowledging the interconnectedness of all living things and ensuring that we take actions today that will safeguard the well-being of future generations.

"My vision for the future is one where creativity knows no bounds and fashion is a catalyst for positive change. Ultimately, we aim to instil an appreciation for designers advocating for responsible fashion practices and challenge the industry to prioritise sustainability."

This will be Cheryl's third Fashique Runway but first in the Brisbane area.

Cheryl Creed wearing her own Murrii Quu Couture design in Milan



Murrii Quu fashions in Milan

From humble beginnings to the Haute Couture catwalks of Milan, Cheryl's elegant designs are gaining attention both at home and overseas.

Queensland Governor, Her Excellency Dr Jeanette Young, attended an event in an evening dress designed by Cheryl, and Italian actress and TV presenter Sarah Maestri graced the cover of *Vanity Fair (Italia)* wearing a Murrii Quu Couture design.

Cheryl said that at the heart of Fashique Runway is their commitment to responsible fashion.

"We are a beacon for slow fashion and keeping clothing out of landfill where it has a negative impact," she said.

Come and enjoy this fabulous evening of fine dining and unleashed creativity where fashion meets purpose and community flourishes.

Ticket prices vary from \$160 to \$220 per person or \$1000 for a table of eight. For more information and to book go to www.trybooking.com/1151649

**Fashique Runway 2024
Wednesday, 10 April,
6pm-11pm
HOPE Centre
18 Buchanan Street, Rothwell.**



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WHAT'S HOT AROUND TOWN

STORY **SALLY EBERHARDT**

If 'Flame Trees' lights your fire, this is the show for you! Barnes Storm 'The Ultimate Jimmy Barnes and Cold Chisel Experience' is rocking the house live at Redcliffe Dolphins Leagues Club on Friday, 26 April.

Performing iconic hits such as Driving Wheels, Lay Down Your Guns, Khe Sanh, Working-Class Man and many more, Barnes Storm does the legendary Barnesy proud.

Frontman Scott Bedford sings the Australian rock anthems of Jimmy Barnes and Cold Chisel with respect, accuracy, energy and passion. Relive your memories of a simpler time and sing along to your favourite tunes as this incredible tribute band blows your mind!

*FREE entry - Doors open
7pm for DJ, show starts 8.30pm.*



Photo shamnesh tp from Pixabay

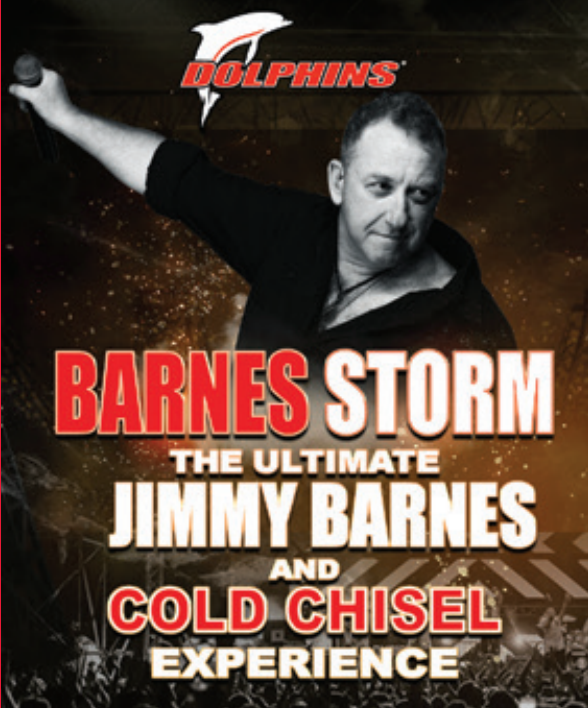
Have you always wanted to try abstract painting but didn't know where to start?

Well, here's your big chance! Redcliffe Art Gallery is hosting a FREE experimental art workshop with all materials supplied on Saturday, 6 April, and Friday, 12 April.

Learn some new painting skills as you bring light and colour to your paper with pastels, watercolours, and salt. Inspired by the current exhibition, Intimate Immensity, by Ian Friend, you will be guided through the creation process incorporating sound and space to create a playful piece.

*Sessions run from 2pm-3.30pm. Bookings essential.
Visit www.moretonbay.qld.gov.au/Galleries-Museums/Events and search for 'playful abstractions'.*

Do you have an upcoming event you would like to see featured in What's Hot Around Town? Shoot me an email at sallyeberhardt@yahoo.com with event and contact details.



Are you a massive fan of Fleetwood Mac? Don't miss The Australian Fleetwood Mac Show 'Running In The Shadows' as they explore the iconic music of Fleetwood Mac at Redcliffe Entertainment Centre on Friday, 19 April!

Covering Fleetwood Mac's biggest hits through the eras, there will be something to touch the heart and memories of every fan. Tracks like Rhiannon, Landslide, Go Your Own Way, The Chain, Tusk and Big Love will be so faithfully performed you will think you are seeing the real deal.

The band is dedicated to delivering an authentic experience as they bring you the sounds that have made Fleetwood Mac one of the world's biggest bands over many decades.

*Show starts at 8pm. Tickets \$69 (excluding bf).
Bookings essential. Visit www.redcliffeentertainmentcentre.com.au/Events/Running-in-the-Shadows*



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Supported and funded by the Moreton City Council



TOMMY MEMPHIS - BORN TO ENTERTAIN YOU

STORY **SALLY EBERHARDT**

Singer, dancer and comedian Tommy Memphis is a born entertainer. Described as a cross between Elvis Presley and Monty Python, Tommy loves nothing better than wowing audiences with his high-energy show filled with classic songs from years gone by.

Tommy Memphis said he is looking forward to returning to Redcliffe and connecting with the crowd to create special moments.

"I'm looking forward to creating an awesome energy and vibe with the audience!" Tommy said.

"You want the audience to feel something - and when there's lots of people feeling the same thing, it creates a collective bond between the people, that lets them escape into a part

of themselves, that in everyday life they don't experience much."

Tommy honed his skill of keeping people enthralled from the moment he steps on stage until the final curtain drop during the five summers he spent performing at party island Ibiza, Spain. There he entertained audiences that included rowdy backpackers, wealthy European vacationers, and everyone in between.

On his return home, Tommy supported a variety of big acts at some of the best venues in Australia. Finally, he was given the chance to front a large audience and has never looked back. Tommy captivates any audience during his huge three-hour-plus sets of rock 'n' roll and country classics, including songs by Elvis, Frankie Valli, Johnny Cash, Alan Jackson, Buddy Holly, Neil Diamond and more.

Tommy said all songs are delivered with the genuine warmth of someone doing what they love.

"I get to make people happy for a living, what better job is there than spreading joy?" Tommy said.

"If I wasn't entertaining, I would be quite content being a full-time Uber driver for my four children to give my wife a break, haha."

Luckily for audiences everywhere, Tommy isn't quitting show business any time soon.

If you attend one of Tommy's shows, you will walk away feeling good about yourself - that is the Tommy Memphis guarantee.

Tickets are FREE! Let Tommy Memphis bring you an unforgettable night of pure entertainment.

For more information visit <https://tommymemphis.com/>

Tommy Memphis
Friday, 19 April, 6pm-9pm
Redcliffe RSL
Irene Street, Redcliffe.

APRIL 2024





The \$1.1B expansion of the Redcliffe Hospital has begun

Delivering world-class facilities such as:

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YVETTE D'ATH
State Member for Redcliffe



RUNNERS & WALKERS REDDY TO FUNDRAISE FOR REDCLIFFE HOSPITAL

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

It's time to lace up for a good cause. The popular Reddy Fun Run/Walk is set to return in June, with all funds raised going towards the Redcliffe Hospital Auxiliary Inc to improve patient care.

Coordinator of Facility Services Redcliffe Hospital and Coordinator of REDDY Fun and Fitness, Rhonda Neal, said a team of hospital staff organised the community event each year.

"We enjoy making this a very successful and enjoyable event for everyone while raising money for our Auxiliary to make our patients' journey easier," Rhonda said.

Last year, the event raised more than \$20 thousand, which contributed to the purchase of a blanket warmer for the Rehabilitation Unit, an Oxford chair for bariatric patients on 6 West, a foetal monitor progress model for Maternity, and clothing and footwear for patients who require items on discharge.

Rhonda said the Auxiliary was hoping to fund the rejuvenation of two rooms in the palliative care unit to improve end-of-life care for patients and families.

"These rooms have not had a facelift for over

20 years and as you can imagine, the patient's families in these rooms are going through an extremely hard time and a fresher room would make such a difference," she said.

REDDY Fun Run participants can choose from a 21-kilometre run, 10-kilometre walk or run, or 5-kilometre walk or run.

The event attracts everyone from serious runners to fun runners/walkers and families taking their dogs for a walk.

Rhonda said the Moreton Bay Road Runners had become the event's biggest supporters, providing pacers and coordinating a couch-to-5k program for staff.

"Last year, the Man Walk donated and participated to raise awareness," she said. "We invited local businesses to enter their staff wearing their business logos to advertise and use the morning as a team building exercise."

The hospital staff are also active participants.

"We have created some very healthy competition within our units," Rhonda said. "Our Director of Orthopaedics has won the 21-kilometre male event for the last two years."

For more information and to register or donate visit www.reddyfunrun.org.au

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REDCLIFFE ORCHID SOCIETY PREPARES FOR AUTUMN SHOW

STORY PANAYIOTA

Truth be known, orchids are naturally more diverse than we give them credit for because they can grow in most climates around the world. When the Redcliffe District Orchid Society (RDOS) hosts shows, they not only display beautiful flowers, but they help educate potential enthusiasts to best care for their orchids based on their specific living environments. The RDOS' Autumn Orchid Show takes place this month at the Scarborough Bowls Club, organised by Margie Beckett and Lionel Kirby.

"When you consider that orchids can grow in cooler climates like Ipswich you have to remember that they require different growing conditions," Margie said. This is why RDOS members team up with special friends, Rolin Farms Orchids, Kingfisher Nursery and Dracaena Farm Nursery, to exhibit extraordinary collections, share valuable expertise and offer handy care tips along with

what differences exist between spring and autumn blooms.

"The flowers are a different shape and tend to last up to a month," Margie said. "This time of year, many spotted Cattleya bloom. They've got to be one of my most favourite." So, whether you're a beginner or an enthusiast, this event is right for you. At Scarborough Bowls Club, you can purchase coffee/cake refreshments while their restaurant is open for lunch. "Our show is a fundraiser and we thank everyone who helps make it the successful event it is," Margie said.

Entry \$2pp. Children under 14 years free. For more info on RDOS visit www.redcliffeorchidsociety.org

**Redcliffe and District Orchid
Society Autumn Orchid Show**
Friday, 19 April, 8.30am-3.30pm
and Saturday, 20 April, 8.30am-2pm
Scarborough Bowls Club
Cnr Scarborough and
Sunnyside Roads, Scarborough.



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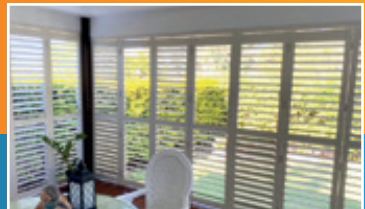
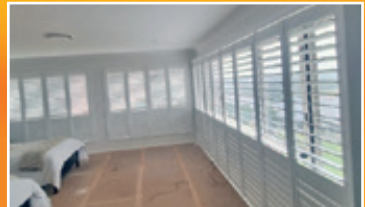
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NATURE'S BEAUTY ON DISPLAY AT GEM CLUB MARKET

STORY **PANAYIOTA**

Gems, minerals, fossils, jewellery and more. These are among nature's sweet treasures and how amazing it is that they bring so much joy!

Explore these treasures and more at the Redcliffe Gem Club (RGC) Market Day at the Redcliffe Showgrounds on Saturday, 4 May.

People can be introduced to gems from a young age or even later in life, according to RGC Secretary, Christine.

"As a child, I was exposed to stones of value," Christine said. "And I was given a reasonable grounding in what to look for.

"When I met my husband his parents were very keen gem fossickers and would spend six months of the year in the Willows and Sapphire looking for rough stones."

RGC was established in 1965 by Ozzie Rippingale and Jean Steptoe, with Ozzie being their first president.

"I've been a member for six years," Christine said. "I really enjoy the creative side of silversmithing, as well as the traditional art of enamels, whereas my husband enjoys faceting."

RGC is open to members and the public, encouraging the exploration of all areas of learning about gemstones, including faceting, silversmithing, the art of lapidary and more.

As a not-for-profit organisation, its members are volunteers who not only participate in RGC functions and excursions but also engage in fundraising, which supports the club financially.

Several market days are scheduled throughout 2024 as fundraisers. These fun-filled days are definitely a family affair, incorporating both stalls and activities.

"Amongst the stallholders are a mixture of RGC members and other people selling a range of gem items from jewellery, rocks, minerals, cut stones, and gem-cutting equipment," Christine said.

Activities planned include Thunder Egg Cutting and even Sieve a Gem for the kids.

"This is where kids pretend to be miners," Christine said. "Like a sand wash you'd use on the gem fields, here you sieve it to see if any gemstones are found."

Entry to the markets is a gold coin donation. A sausage sizzle will be on hand for breakfast and lunch, plus snacks, cold drinks, a coffee wagon, as well as an ATM.

RGC runs the sausage sizzle as part of their fundraising.

Membership at RGC is ideal for those interested in learning new things in a social atmosphere. For more details go to www.redcliffegemclub.org.au

Redcliffe Gem Club Market Day
Saturday, 4 May, 8.30am-3.30pm
Redcliffe Showgrounds
Scarborough Road, Redcliffe.



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SAVE THE TURTLES

STORY **PATRICIA HIGGINS**
PHOTO **BRUCE REDMAN**

While locals are lucky to have Scarborough's Queens Beach north as a 'homing beacon' for turtle hatchlings, we have a responsibility to raise awareness for their care as a community - a duty that has only grown more acute in recent years.

According to Colin Scobie, Vice-president of Rotary Redcliffe Sunrise Inc and the Environmental Sustainability Rotary Action Group (ESRAG), that's exactly what his organisation has set out to do on an upcoming Family Turtle Expo Day.

The event is in support of turtle conservation and against single-use plastics (plastic breaks up but doesn't ever break down, and numerous plastic items are often retrieved from the biopsys of turtles), but it also has a critical backstory.

"In February 2010, hundreds of newborn turtles in the area hatched out to a high sand embankment and headed to the bright street lights instead of heading out to sea," Mr Scobie said.

A repeat of the incident should be carefully avoided, according to Mr Scobie, even if the disaster was largely averted when "many neighbours along Flinders Parade came out at 11pm and turned the baby hatchlings around towards the ocean."

"The hatchling's geocompass is set at this stage to eventually return as adults after they have travelled the EAC (East Australian Current) to South America and back," Mr Scobie said.

"When they get back to nest at Queens Beach North as adults is anyone's guess, but we do know they nest at nearby beaches."

Mr Scobie said that the Turtle Expo Day presented a major opportunity to learn key concepts and gain knowledge about the diverse range of biodiversity that is on our doorstep.

The free community event will include expert talks and presentations, an array of kid-friendly activities, and what might be the main attraction – a plastic turtle installation (made from single-use plastics that were collected from beaches all around the peninsula) on display for discussion.

Plenty of free car parking (with room for wheelchair access) will be available on the day.

*To find out more, follow ESRAG on Facebook at www.facebook.com/esragmoretonbay/
To learn more about the 2010 turtle incident, visit www.abc.net.au/news/2010-02-04/baby-turtles-rescued-after-taking-wrong-turn/321142*

Family Turtle Expo Day
Saturday, 20 April, 10am-2pm
Queens Beach North, Scarborough.



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BOOK FEST FOR THE PEOPLE

STORY **PATRICIA HIGGINS**
PHOTO **PETE JOHNSON**

With a wide selection of books available and several benefits for local causes, the Anglican Parish of St Peter the Fisherman Bramble Bay is preparing to hold its popular Book Fest.

Funds raised from this event will be used to support social enterprises, such as chaplaincy at schools as well as The Breakfast Club, which is a Redcliffe-based organisation devoted to feeding those in need and providing other related services in the community.

Diana Borger, President of the Ladies Guild of St Peter the Fisherman Anglican Church Clontarf, said that a sizable assortment of fiction and nonfiction books would be available for purchase.

"Entry is free, and we have a wonderful selection of titles and genres, including children's, mystery, romance, sports, cookbooks, crafts, and gardening, as well as a range of DVDs and CDs," Ms Borger said.

According to Ms Borger, the initial installation of the initiative, which came about spontaneously, had a positive reception, and that was the foundation for this year's Book Fest.

"We held our first Book Fest in 2022 when we were given a house full of items to clear within a certain time," Ms Borger said.

She said that a church member had also inadvertently spearheaded a campaign to encourage others to give books, which helped to furnish the event this year.

"One of our parishioners, an avid reader, told us his family had a lot of books, and we soon found that many others had books to donate," Ms Borger said.

This, in Ms Borger's words, produced a "wonderful collection of books for all interests," which she hoped would help people continue to cultivate their fondness for reading at an affordable price.

"I know people still love to read, and we hope that you will call in and find something at a bargain – whether for your children or yourself," Ms Borger said.

Parking is available on the church grounds, with disabled parking and wheelchair access at the back of the building.

Purchases are required to be made in cash only, as EFT facilities do not exist for this event.

Find out more about the Anglican Parish at www.bramblebay.anglicanchurchsq.org.au or call on 07 3284 9283.

Book Fest
Friday, 12 April & Saturday, 13 April, 9am-4pm
The Anglican Parish of St Peter
the Fisherman Bramble Bay
13 Lucinda St, Clontarf.



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BOOGIE DOWN TO BRISBANE TO CATCH LOCAL DJs LIVE

STORY **ALYSSA MACKAY**

Peninsula-based **DJs Sounds of Soul Brisbane** are bringing their infectious beats to the dance floor at **The Loft in West End** this month.

Husband and wife duo, Stephen and Elaine Brophy, secured the bigger venue to accommodate more partygoers after a series of sell-out events.

Elaine said she looked forward to seeing their regulars and new faces dancing and enjoying themselves at the event.

"Stephen and I will be playing all the disco dance classics on original vinyl," Elaine said. "It should be a fantastic night."

The pair will be spinning the decks with a blend of classic 70s and 80s disco, boogie, funk and soul on original vinyl 45s that they've been collecting since they were teenagers.

Stephen said the event allowed them to showcase their brand of music to a new audience.

"We sell out our regular events usually within a week of going on sale, so as this is a really cool and funky space at The Loft, we are expecting another sell-out."

The couple, originally from the UK, have a long history of loving music and dancing. Elaine has played soul and 60s mod nights in the UK and her hometown in Jersey in the Channel Islands,

while Stephen used to frequent Wigan Casino, a popular soul nightclub, in the mid-70s.

They also have a philanthropic side. In May 2018, Stephen was diagnosed with myeloma, an incurable bone marrow cancer. Many of their performances have raised money for myeloma research.

"Elaine and I started DJing when we were invited out of the blue to play at The Cardigan Bar, Sandgate," Stephen said. "I have collected Northern Soul records from the 70s since my Wigan Casino days, so it was great to dust them off and start playing them all."

"Our audience grew into a following, and we started to play bigger venues, promoting ourselves along the way."

Their previous sold-out events at Sunny's Margate Beach have been a success, and fans can expect the same high-energy and fun-filled night at The Ultimate Disco Inferno.

"One thing we know for sure is that we will have everybody up and dancing and having a great time," Stephen said.

Tickets are \$28 and include a complimentary drink on arrival. To book go to www.tybooking.com/CPJED

The Ultimate Disco Inferno
Saturday, 20 April, 7pm-12am
The Loft
100 Boundary Street, West End.

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NEXT CHAPTER BOOK CLUB - REDCLIFFE LIBRARY

The Redcliffe Library is hosting the Next Chapter Book Club for people in the community with developmental disabilities. This is your chance to read and learn, make new friends, and enjoy a fun community.

Beyond just books, this club creates a space where everyone can connect and enjoy learning together. It's more than reading – it's about building friendships and a sense of community. Next Chapter Book Clubs show how libraries are becoming vibrant places for everyone, celebrating diversity and shared experiences.

FREE. Wednesday, 3 April and Wednesday, 10 April, 11.30am-12.30pm at Redcliffe Library, 476 Oxley Avenue, Redcliffe. For more dates and information visit www.moretonbay.qld.gov.au/libraries or call 3883 5745.

CITY OF MORETON BAY ANNOUNCES SUPPORT OF WILDLIFE RESCUE QUEENSLAND

Last year, City of Moreton Bay unanimously pledged support to Wildlife Rescue Queensland, by assisting with their operational expenses. Council's financial support has led to Wildlife Rescue Queensland formalising a 3-year strategic plan, developing a custom hotline app, and refining its 24/7 processes.

They have also launched their first wildlife ambulance with dedicated crews, increased transport runs to Australia Zoo Wildlife Hospital, expanded the Snake Rescue Team, and enhanced bird rescue capabilities. They have also established a tree climbing team, conducted extensive training, and seen a 25% growth in membership.

In addition, they have seen an increase in community recognition on social media, obtained a new Wildlife Group Permit, and actively participated in community events and awareness programs. *To report sick or injured wildlife, contact the hotline at 0478 901 801.*

MAKE NEW FRIENDS AND SUPPORT EDUCATION WITH VIEW

VIEW stands for the Voice, Interests and Education of Women. We raise money for the Smith Family's Learning for Life students. Redcliffe Peninsula VIEW sponsors 7 students. They meet for lunch on the second Thursday of the month at the Moreton Bay

Boat Club at 10.30am for 11.00am start.

Cost of the lunch is \$30.

If there are any ladies who would like to make new friends, listen to a guest speaker and raise money for a good cause, please contact VIEW on redcliffeview@gmail.com. "Look forward to meeting you!"

UNVEILING THE PAST: MEET A KNIGHT IN REDCLIFFE!

Ever wondered what it was like to be a Knight in mediaeval times? Your chance is here! Join The Abbey Museum team for an unforgettable experience as they transport you back in time. Try on knight's armour, learn the art of jousting, and discover the intricacies of a knight's life. *FREE. Thursday, 4 April, 11.30am-12.30pm. Open to everyone aged 7 and above. Book your spot now for an immersive and educational adventure that promises to bring the tales of knights to life! Redcliffe Library, 476 Oxley Avenue, Redcliffe. For more dates and information visit www.moretonbay.qld.gov.au/libraries or call 3883 5745.*

JOIN THE FUN AT FREE HAVA HEART COMMUNITY FUN DAY

Aligned with National Heart Week, Hava Heart Community Fun Day will be filled with entertainment the whole family can enjoy. The event includes a free jumping castle, face painting, a live band, and a delightful petting zoo. Families will also be able to explore community stalls and engaging activities while indulging in delicious treats.

There will be a free BBQ, drinks, popcorn, and snow cones. Don't miss out on this opportunity to bond with your community and create lasting memories. Bring your friends and family for a day packed with joy and laughter.

FREE event. Saturday, 27 April, 10am-2pm at Redcliffe Neighbourhood Centre, 1 Lamington Dr, Redcliffe. For tickets visit events.humanitix.com/hava-heart-community-fun-day or call 07 3284 3081.

TRIBE SOCIAL BELONGING HOSTS FREE BBQ AT SUTTONS BEACH

Get ready for a fantastic time at Suttons Beach when Tribe Social Belonging hosts their free community BBQ.

It's open to everyone, so grab a chair or blanket, and join in for some tasty snags and friendly chats. If you need a ride, just give the Tribe team

a shout. *This event is held every second Thursday.*
For details about the next event, and other free events like it, visit
www.facebook.com/tribebelonging or tribebelonging.com.au/

CALLING ALL HISTORY ENTHUSIASTS!

Do you want to know more about your local area? Join History Redcliffe members and guests for afternoon tea on Friday, 5th April, 2pm at the Redcliffe Library Meeting Rooms, speaker, David Conway, topic: One man's release mechanism from stress and pressures from a drought. Stay for afternoon tea for a \$2.00 donation and find out what else is planned for 2024. Visit: historyredcliffe.com.au for more information.

CELEBRATE YOUR WELLNESS EVENT

Spiritual Wellness Hub Clontarf are holding a psychic reading and holistic healing event on the weekend of the 20th and 21st of April.

Relax in the serenity of the Wellness Hub and receive light refreshments following your holistic wellness healing service or spiritual reading. Bookings are essential and to book or for more information contact Karen Riley on 0400 531 475

FREE ARTIST TALK EVENT

Local art studio, Art from the Urban Wilderness is hosting a free artist talk event on Sunday 7 April at 10am at their studio at Banyo.

Artist Rachael Lee will be talking about her art practice, showing her work and tools as well as giving a demonstration on how she makes her lino plates. There will be light refreshments afterwards with an opportunity to talk to Rachael and other local artists.

Please reserve your spot via our website calendar www.artfromtheurbanwilderness.com.au or call/text Sandra on 0419 028 133 for more information.

Would you like to contribute to Reddy Round Up?

Is there something happening in the 4020 community you'd like to share? What are you talking about on social media, at the local café, or the school gate? Email Julia to be included in the next Reddy Round Up: editor@redcliffguide.com.au

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ABORIGINAL ART



A NEW FACE IN RECYCLED CLOTHING

STORY **PATRICIA HIGGINS**
PHOTO **PETE JOHNSON**

The concept behind Industry and Co Collective, a progressive social enterprise with a unique twist, is, "Wow, this doesn't look like an op shop - but it is."

In order to support the primary goals of local association ROPE's initiatives in the provision of disability services in the community, the Redcliffe store invites customers to make the most of a boutique shopping experience at second-hand prices.

According to ROPE CEO, Wes Bleakley, Industry and Co Collective provides an ideal setting for people with disabilities to gain valuable work and life experience while doing something a little bit different.

"We build pathways for our trainees that help generate real opportunities," Mr Bleakley said. "The goal is to provide an environment that meets high commercial standards, enabling our people to find employment in the open market, should they so choose."

It is these empowered faces that comprise the workforce in the store, with three individuals presently employed to provide a high level of customer service, quality assurance, visual merchandising, and related services both on the floor and behind the scenes.

Customers are likely to flock to the designer rack, which frequently offers brands like Sass and Bide, Dogstar, and Camilla at a significant discount from regular retail prices.

In addition, there are eye-catching artworks, artisanal products, and decor items, alongside ROPE's merchandise and signature range of ground coffee.

"The idea is about spoiling customers with extra attention and providing that real boutique vibe," Mr Bleakley said.

All of Industry and Co Collective's profits are used to give ROPE participants access to training and employment opportunities.

This is true of Margate-based sister-store Industry and Co Cafe and related initiatives, including those soon to arrive in the local region.

"We are planning a pop-up cafe and meeting centre in Pelican Park in Clontarf in order to offer not only barista training but also a cooking school, training in multimedia, and a lot of other forms of learning to get participants ready for employment," Mr Bleakley said.

To find out more about what ROPE does in the community, visit www.ropeassocinc.com/

Industry and Co Collective
Open Tuesday to Saturday, 10am-2pm
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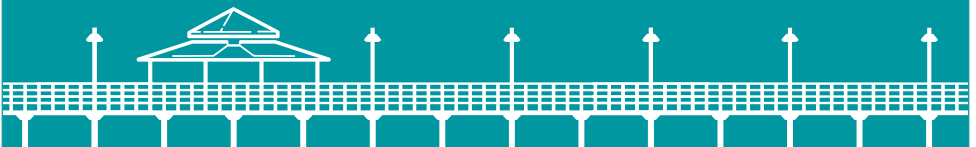
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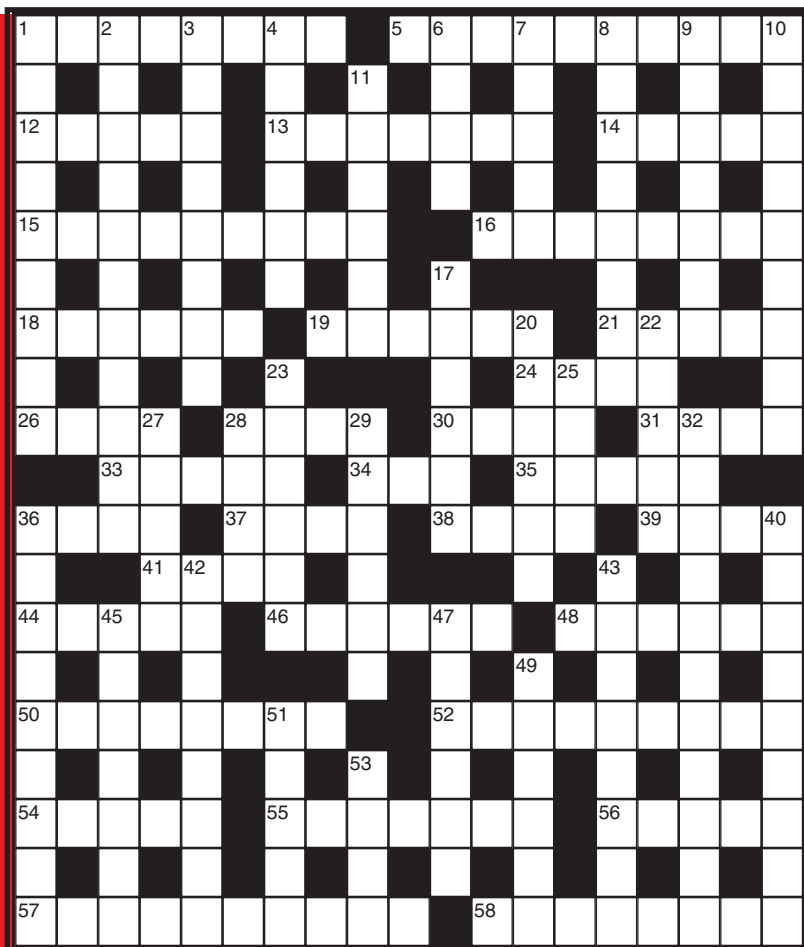
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- 5 Sad book or film (4-6)
- 12 Money-bag
- 13 Meeting, after separation
- 14 Spice
- 15 Large cupboard
- 16 Loss
- 18 Insanity
- 19 Open to everyone
- 21 Milky gems
- 24 Deceased
- 26 Pace
- 28 Aperture
- 30 Metal spike
- 31 Stumble

- 33 Part of a roof
- 34 Run at a slow pace
- 35 Compere
- 36 Bother
- 37 Citrus fruit
- 38 Male children
- 39 Catchy piece of music
- 41 Video
- 44 Lingers
- 46 Stomach exercises (3-3)
- 48 Movie house
- 50 Auditor
- 52 Flying foxes (5,4)
- 54 Impromptu (2,3)
- 55 Time of day
- 56 Spanish comrade
- 57 Rudimentary
- 58 Example

DOWN

- 1 Going around
- 2 Oddities
- 3 Charade
- 4 Container
- 6 Leave
- 7 Cleanse
- 8 Snail
- 9 Capital of Uganda
- 10 Second-best team (7-2)
- 11 Loose
- Hawaiian dress (3-3)
- 17 Tosses
- 20 Customer
- 22 One of the twelve apostles

- 23 Bouquets
- 25 Charity
- 27 Savoury
- 28 Contribute
- 29 Throws out
- 32 Retelling
- 36 Rapid discharge of firearms
- 40 Paving material
- 42 Gather
- 43 To sidetrack
- 45 Pronounce not guilty
- 47 Small seabird with bright beak
- 49 Surpass in fire power
- 51 Exercise
- 53 Concern

Solution Page 73



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BRIDGE FM VOLUNTEERS THANK YOU FOR YOUR PATIENCE

STORY **PANAYIOTA**

Where would communities be without volunteers? These incredible people give their time freely, as well as their hearts and souls for the greater good.

Bridge FM (BFM), aka 99.7FM, is a local radio station for the City of Moreton Bay and Northern Brisbane regions.

"We are a not-for-profit and everyone that works here does so on a voluntary basis," said Jon Twarz, President/Announcer at Moreton Media Group Inc. "We love what we do and value our community so much.

"It's our job to connect the community. We aim to do the best we can."

In late October 2022, BFM was advised to move from the water tower at Margate due to structural damage. They had to move their broadcasting antenna by May 2023. After some negotiation, an extension was granted for November 2023.

In finding a new home, BFM was diligent about

their new location. It had to handle the complexity of the installation.

"We were offered by Moreton Bay City Council to use the Redcliffe Entertainment Centre (REC) roof, which we gladly accepted," Jon said.

From here, they dismantled and reinstalled it to structurally suit the roof's requirements.

A cost of \$120,000 was expected and BFM raised:

\$89,000 — a grant from the Community Broadcast Foundation
\$50,000 — loan from City of Moreton Bay Council
\$60,000 — raised by BFM

Volunteers fundraising efforts. These funds paid for everything involved; hiring engineers and other structural specialists to dismantle and install. The remaining funds were allocated towards new studio equipment.

There were many health and safety measures which required attention, too.

"Moving and installing our antenna came with many legal regulations we had to abide by," Jon said. "Because the antenna sits lower at REC than it did at the water tower, the radio signal has to be lower. This resolves all radiation concerns."

Rest assured, BFM is dedicated to the best possible outcome for the long term.

"It's been a lot of work just for this one move," Jon said. "With securing a new location, we'll have to do it all again. Another \$120,000 or so will be needed."

The Board and Management of BFM are grateful to City of Moreton Bay, REC and Brisbane City Council for everything.

BFM are also very aware that this has taken its toll on their listeners and sponsors alike.

"We're so very grateful for everyone's continued support and patience," Jon said.

As an alternative to radio, BFM suggests listening to iHeartRadio or 99.7FM.com.au.



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FREE TALK EXPLAINS A DIFFERENT KIND OF SCIENCE

STORY **PANAYIOTA**

A Christian Science (CS) practitioner and international speaker from the USA has been invited to speak at the Christian Science Society Redcliffe this month.

Giulia Nesi Tetreau will appear at the free talk, *The Quest to Experience God*, on Sunday, 14 April.

Julie Swannell, Chair, Lecture Team, Christian Science Society Redcliffe offered an insight into what CS is all about.

"When we listen to music, we know we enjoy it, even though we may not understand the makings of it," she said. "However, if we studied it on a deeper level, learning about harmony, phrasing and intervals, we'd gain a greater sense of its beauty and truth."

CS was founded in c1879 by Mary Baker Eddy of Boston, Massachusetts, who in c1866, wrote a book called *Science and Health with Key to the Scriptures*.

"Mary's profound interest in truth, healing and a deeper knowing of God was her inspiration into writing this book and serves as a study guide alongside the Bible," Julie said.

At the talk, Giulia will share her experiences of reading Mary Baker Eddy's book.

"In my childhood, I was taught that God was both loving and also punitive," Giulia said.

"This two-sided God was no comfort to me as I grew older."

Also, previously as a psychotherapist, Giulia saw her patients find relief in good therapeutic practices, but they were not long-lasting. Giulia speaks freely as her desire to serve humanity aims to reveal a liberating perspective on life and love.

She talks of hope while illuminating better ways of seeing problems, with particular interest in mental health.

Giulia's talk is free and open to everyone. No bookings are required.

For more information email Julie at csredcliffe@hotmail.com.

**The Quest to Experience God
Sunday, 14 April, 3pm
Christian Science Society
61 Ernest Street, Margate.**

BRAD'S BUSINESS TIPS

You are not alone...

It's tough being a business owner. Ask anyone who owns or has owned a business.



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Unless you have owned a business it's almost impossible to relate to a business owners' situation. Like anything that is tough in life whether it's a health, family or financial crisis, until you go through one, you can never fully appreciate someone's perspective, who has.

Yet most business owners think that the troubles and worries they have are unique to them and that other business owners really have their stuff together, it's just themselves who are struggling. So not true!

Having worked directly with and spoken to thousands of business owners since 2010, if you are a business owner, I can tell you sincerely, you are not alone in the challenges you face. In fact, one of the things I love doing is getting business owners together to talk and learn from each other. It's like they finally get to have a conversation with someone who speaks the same language.

So, if you are a business owner feeling alone and that there must be something wrong with you or what you are doing, relax, there isn't.

Reach out to other business owners, groups like local chambers of commerce or someone like me.

Reach out to those who achieved what you want, because here's why...

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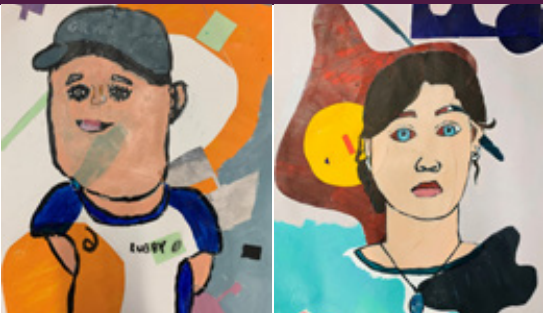
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CONGRATULATIONS TO OUR YOUNG ARCHIES!



WITH **GABRIELLE TURNBULL**

Please put your hands together to applaud a very special group of Moreton Bay artists. This group is made up of some of the youngest and most courageous artists in our community. Aged between five and fifteen years, they have got stuck in, painted their hearts out and posted their entries to the Art Gallery of NSW.

Late in the summer holidays, this mighty group of students eagerly arrived on the doorstep of Redcliffe's Art So Lively Art Academy to participate in the Portraiture Intensive. This was a three-day workshop to enable young people to prepare a portrait to enter into the Young Archies Award - a national portrait prize for children.

They came prepared and passionate, bursting with life and enthusiasm. Each one worked hard and long with an adventurous attitude. Over the three days, the atmosphere was one of total immersion and involvement as they participated in several complex and challenging exercises. The Art So Lively studio was electric with their concentration and dedication. It gave me 'goosebumps'. As an art educator, it was downright lovely to be part of!

Many of these commendable young people have sent their best work to the NSW Art Gallery, the deadline being mid-March. Who knows what the results will be, but regardless, they have 'had a crack' at something very BIG. For this alone, they are to be CONGRATULATED!

Art So Lively Art Academy - 0477 002 545

PODCAST OF THE MONTH

Mystery Show Podcast Review

STORY **NICK ALLFORD**

Could you solve a mystery without the internet?

If you're like me and you've had enough of murder mystery podcasts, then why not take out the murder and enjoy the mysteries...but with a twist. No corporate espionage or long-forgotten cold cases here.

Host Starlee Kine cracks seemingly mundane mysteries, such as finding the owner of a novelty belt buckle, why a video store suddenly closed and just how tall is Jake Gyllenhaal? She only has one golden rule, the answer can't easily be googled.

On paper, this podcast shouldn't work, but it's one of my all-time favourites. It would seem I'm not alone, as it won iTunes' best new podcast in 2015. I don't blame you if these topics don't tickle your fancy as they may not appear intriguing at first but it's not the destination, it's the journey.

On her quest to solve a case Starlee chats to someone in a call centre with a backstory more interesting than an episode of Home and Away. Even the podcast itself is a mystery, as it stopped after only six episodes.

I can't recommend Mystery Show enough, especially if you have a curious mind and love a good yarn.

Find Mystery Show wherever you stream your podcasts.

Seaside Artists

ART & CRAFT GALLERY

Top Floor of Comino's Arcade
133 Redcliffe Pde, Redcliffe
Ph: 3284 3356

Thu - Fri 10am-2pm
Sat 9:30am - 2pm
Sun 9am - 2pm
(Excl. public holidays)

www.seasideartists.com.au



Come up & enjoy your Heritage listed community art gallery this Autumn & admire our hundreds of beautiful art & craft works by our very talented local artists!

Maybe book a morning tea with an informative talk about the history of the Gallery where Margaret Olley won first prize many years ago & the Bee Gees sang as little boys! Devonshire Tea with hot scone, strawberry jam, thick cream & your choice of coffee or a speciality tea! \$10 a head.

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MOVIE REVIEW



KUNG FU PANDA 4

Po is back, and after achieving the title of Spiritual Leader of the Valley of Peace he must find someone worthy to take his place as Dragon Warrior. Although this won't be easy as a wicked sorceress threatens to bring back Po's foes. It was great to see/hear the incredible voice cast return for another round of action and Jack Black never disappoints.

GODZILLA X KONG: THE NEW EMPIRE

Godzilla seems to be the flavour of the month with a spight of movies and a TV series all keen to tell the story of the scaly beast. The old rivals must join forces to help take on an ancient monster lurking deep in the earth. Again I'd watch the trailer with your kids and check the rating to see if it's appropriate for them. My teenagers had a blast watching it.

RICHARD THE STORK & THE MYSTERY OF THE GREAT JEWEL - PG

In this sequel to the 2017 Richard the Stork, this time Richard decides to run away from his flock and find his own adventure. Helping to rescue trapped sparrows from a greedy peacock. The animation may not be Disney level, your little ones should still enjoy the sense of adventure.

THE TIGER'S APPRENTICE - PG

Tom Lee, a Chinese American boy discovers that he's from a long line of magical protectors known as the Guardians. As the title suggests, he'll have to train with a Tiger and work with the other Zodiac animals to protect his family's secret. Featuring the vocal talents of Michelle Yeoh, Henry Golding and Lucy Liu.

STORY @WOTCHITWOMBAT

School Holidays are upon us! Don't panic, we've found the Top 5 Movies to help keep your kids entertained over the break.

GHOSTBUSTERS: FROZEN EMPIRE

The Ghostbusters must save New York (and the rest of the world) when an ancient artifact releases a seemingly unstoppable evil force. I grew up loving these movies, ghosts, monsters and great one liners and this sequel stays true to the original films. It may be too spooky for younger kids so I'd check the rating and maybe watch the trailer with them first.



WATCH THE WHEELS SPIN WHILE YOU DIG IN

The Redcliffe Peninsula Harness Racing & Sporting Club racing for over 50 years at The Paceway.

Races are held Wednesday evenings, Thursday afternoons and feature Fridays and Saturdays (mid-year)

3284 4550

Gomersall Street, Redcliffe

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PEDAL FOR A CAUSE AT TOUR DE BRISBANE

STORY **ALYSSA MACKAY**

Thousands of cyclists are preparing to pedal through Brisbane this month for the fifth annual Tour de Brisbane.

Sponsored by Transurban, the charity ride aims to raise funds for transplant research supported by The Common Good, an initiative of The Prince Charles Hospital Foundation.

Race director Mike Crawley said Brisbane was fast becoming well-known as Australia's cycling capital. "With considerable investment in cycling infrastructure and a dedicated local cycling cohort, it is exciting to see this event complement the future growth of the sport in Queensland," Mr Crawley said.

The Tour de Brisbane will take participants through landmarks such as the Story Bridge, Inner CBD, Centenary Motorway, Kingsford Smith Drive and Mount Coot-Tha. Riders can choose between a 50-kilometre short ride, an 80-kilometre medium ride or a 100-kilometre long ride. For the first time this year, the Tour de Brisbane will include the Big Family Ride, a free 10-kilometre bike ride for families with children aged 8 and over. The ride will start and finish at the Brisbane Showgrounds via the Story Bridge, Customs House and the Northern Busways. Every participant will receive a finisher's medal.

This year, there will also be a sprint duathlon taking place, which involves a 1.5-kilometre run,

26-kilometre ride and 5-kilometre run. The event is not only about cycling but also about giving back to the community. Before the Tour de Brisbane, the Cycle of Giving charity event was held to raise awareness about organ and tissue donation and raise funds for transplant research at The Prince Charles Hospital.

Since 2019, the Tour de Brisbane has continued that legacy. This year, the ride is seeking to raise \$70,000 to support close to 1500 hours of life-saving medical research and help people for whom transplant is their only option.

"We are very proud to raise valuable funds for this important local cause to assist with medical research that has an impact around the world," Mr Crawley said. "We urge and encourage our riders to support this worthy by either fundraising as part of their entry or can donate via www.thecommongood.org.au."

Participants can register to ride online and share their fundraising page on social media, via email and with family and friends to support The Common Good.

To learn more visit www.tourdebrisbane.org

Tour de Brisbane
Sunday, 14 April
Brisbane Showgrounds
Gregory Terrace, Bowen Hills.



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ALMOND BREAD

This month's recipe is shared thanks to Patricia, a branch member of the QCWA Clontarf. "This recipe comes from the 3rd edition of *Day to Day Cookery for Home Craft Students*, compiled by I M Downes. The book was given to me by a high school student whilst I was living in Atherton in the late 1960's. Sometimes I substitute cranberries for almonds for a different flavour."



The Clontarf branch of the QCWA hold meetings on the 2nd Wednesday of each month 9.30am, craft every 2nd & 4th Thursday 9am and indoor bowls every Monday morning 9.30am held at the QCWA Clontarf Hall, Cnr Victoria Ave & Georgina Street, Woody Point.

For further information please contact our email clontarfbranch@qcwa.org.au

INGREDIENTS

- 3 egg whites (large)
- ½ cup of caster sugar
- 1 cup of plain flour
- 1 cup of almonds (blanched)

METHOD

- Beat the egg whites until stiff.
- Gradually add the sugar and beat until dissolved.
 - Fold in sifted flour and whole almonds.
- Pour into a lightly greased 19x19cm loaf tin.
- Bake in a moderate oven for 30-40 minutes.
 - Stand in the tin until cold.
- Turn out, wrap in foil and put aside for two days.
- With a very sharp knife, cut into wafer thin slices.
 - Place on a baking tray and allow to dry out in a slow oven.
 - Store in an air-tight jar.
- Serve with coffee or with ice-cream.



Annual RAS Members Exhibition

At the Redcliffe Art Society – Old Fire Station Gallery

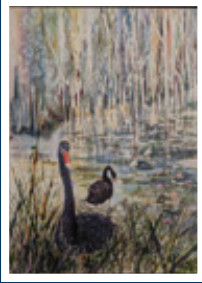
10 April to 5 May 2024

Official Opening

13 April 2024

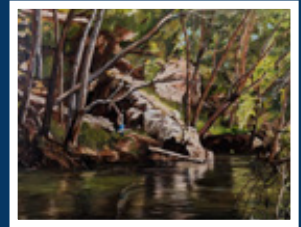
Commencing 1pm

2023 1st Prize
Novice Category
Jan Cummings



2023 1st Prize
Experienced Category
Heather Delaney

Meet the artists



Redcliffe Art Society Inc. The Old Fire Station, 395 Oxley Ave Redcliffe Q 4020
Gallery open from Wednesday to Sunday 10am—3pm: Entry FREE

OVER 50'S HEALTH

The Benefits of Strength Training for Women. Have you ever said, or thought “but I don’t want to get big and bulky” or “I don’t want to look like a man”?

For the longest time, many women have lived with the fear that they will get too big and bulky if they lift weights, and so have basically avoided weight training. How sad is that!?

Let me tell you ladies, if you do not want to get big, there is not much hope that it will happen from lifting weights! I have been lifting weights for my health and strength for years now, and I don’t look like a man (whatever that is supposed to look like! LOL)

In fact, my body composition (to my delight and surprise), has improved in so many ways, and I love it! I walk taller, I feel confident, I get compliments about how I look, and people are amazed and surprised when they learn that I am a Nana.

One thing to remember is that ultimately, your diet is what will help your muscle growth,

change that body composition, or help you lose fat. A great saying to remember, “You can’t out exercise a bad diet!”

I know I’m talking about women here, but guys, this applies to you too.

If you want to learn about, or actually become stronger and feel great in your skin, we have an amazing team (guys and girls) who are happy to support you! Check us out!



Local DINING GUIDE



ANCHORAGE BAKERY & CAFE

141/145 Griffith Road
Newport

Bakery & Cafe

Ph 3880 3601

Feature: Anchorage Bakery & Cafe is a locally owned and family operated business offering a range of freshly baked bread, pastries, sweets, sandwiches, wraps, a full menu, catering and much more. Freshly brewed coffee dine in or takeaway. We're more than just a bakery.



BANJO'S BAKERY CAFÉ

161 Redcliffe Pde, Redcliffe

Bakery Café

Ph 3284 0166

Feature: Grab 3 Small Savouries for just \$7.95 or one of our many great deals at Banjo's Redcliffe!

In a rush? Skip the queue with the Banjo's Ordering App! Available in the App store and Google Play.

Delicious and made in Redcliffe. Pies, pastries, sweets, sandwiches and coffee. Breakfast, lunch or a treat anytime. Dine in or take-away.



BAY BOATS

439 Scarborough Road
Scarborough

Fish & Chips/Burgers

Ph 3203 5033

Feature: Famous for our great range of tasty seafood, burgers with homemade burger patties, hot crispy chips locals love and customers come from far far away to enjoy. Not to mention fresh sandwiches, great coffee and good old-fashioned milkshakes. Is that chicken or plain salt?



BAY WOK MULTIASIAN

2/150 Maine Road
Clontarf

Asian Cuisine

Ph 38256688 / 0403830037

Feature: Stella & Jack have been in Australia for over 35 years. Bay Wok Multi Asian Restaurant returns to dazzle your taste buds. Formerly at Bramble Bay Bowls Club, now we're back to the neighbourhood, and we're better than ever. Explore our unbeatable Asian cuisine and savour the best of Australian meals. Lunch specials available & offer BYO wine. Open Mon to Sat for Lunch and Dinner 10:30am-2pm and 4:30am-8pm (8:30pm on Fri & Sat)



165 Redcliffe Pde, Redcliffe

Tex Mex

Ph 3284 7990

CACTUS JACK'S

Feature: Great steaks, sizzling Fajitas & authentic Mexican. Served with a full cocktail menu and local beers on tap.

Open Tuesday - Thursday from 5pm - late
Friday - Sunday from 11am - late



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184 Hornibrook Esplanade,
Clontarf

Fish & Chips

Ph 3283 1618

FISH'N AT BELLS BEACH

Feature: Here at Fish'n at Bells Beach we cook kiwi style fish and chips, mouthwatering homemade hamburgers, hand cut calamari, ice cream, coffee, cakes and a heap of treats from NZ including Paua and Kina. With views over Moreton Bay in Clontarf.



Cnr Hornibrook Espl &
Victoria Ave, Woody Point

Restaurant

Ph 0433 428 168

GOLDEN BITE RESTAURANT

Feature: Located at the Bramble Bay Bowls Club, our menu includes a variety of cuisines from Asia and locally. If you're looking for great food, takeaway and party events give us a call. We have over 40 years of local and International experience. *Lunch specials available.

Open Tue to Sun for Lunch and Dinner
11.30am-2pm and 5.30pm-8.30pm



Local DINING GUIDE



Bird O' Passage
Pde, Scarborough

Steak and Seafood

Ph 3203 5188

MORETON BAY BOAT CLUB

Feature: Seafood restaurant overlooking Scarborough Harbour. Live music Friday nights & Sunday afternoons. See our website for opening times & specials.



Bird O' Passage Parade,
Scarborough

Fresh Seafood & Takeaway

Ph 3203 4592

MORGANS SEAFOOD

Feature: Morgans Seafood is the best place to enjoy seafood in Brisbane. Morgans are uniquely located right on the stunning Scarborough Boat Harbour dotted with luxury yachts, pleasure craft and commercial trawl fishing boats, and overlooks Moreton Bay and the Glasshouse Mountains. Fully licensed.



155 Redcliffe Pde, Redcliffe

**Modern Australian
& Mediterranean**

Ph 3284 2986

PREECE'S AT THE JETTY

Feature: We have the BEST Vanilla Slice in Queensland. All cakes, biscuits, slices & ice cream are homemade. Fabulous seaside location. Come in and enjoy the views with a fabulous coffee and cake or lunch.

Mon-Sun: 5.30am - 3pm



Bird O' Passage Parade,
Scarborough

Craft Brewery & Restaurant

Ph 1800 727 104

SCARBOROUGH HARBOUR BREWING CO.

Feature: Scarborough Harbour Brewing Co. is a two level venue overlooking the beautiful harbour from both levels. We brew our craft beers onsite. Wine, cocktails, spirits and delicious food also available.
Upper Deck - Wed to Sun 11am til late
The Engine Room - Wed to Fri 4pm to late
- Sat & Sun 11am to late





Reef Point Esp,
Scarborough
(situated behind caravan
park)

Modern Australian

Ph 3880 4456

SEA SALT AND VINE

Feature: Sea Salt & Vine has one of the best locations on the peninsula overlooking the Glass House Mountains. A family & doggy friendly place to enjoy a tasty breakfast or lunch, or just a quiet coffee & cake served in our tranquil café setting under the trees.

We are also happy to accommodate large bookings for your special family gathering & are fully licenced & offer BYO Wine. Open 7 days, 7am to 4pm.



141 Sutton Street, Redcliffe

Japanese, Sushi

Ph 3283 8188

SUSHI CENTRAL

Feature: Want to experience an amazing time with astonishing flavours? Come to Sushi Central at 141 Sutton Street Redcliffe and purchase a variety of products that cater to all your eating desires. Join us on Monday night and Tuesday for our \$3.50 specials.

Open 7 days for lunch and dinner.



Shop 3/265 Oxley Avenue,
Margate

Thai Restaurant

Ph 3284 5962

THAI HUT

Feature: Thai Hut has been on the Redcliffe Peninsula for over nineteen years. We reopened in August 2017 back to where we first started in 2000. Thai Hut cooks authentic Thai food. We do take-away, home deliveries and dine-in.

\$10.90 SPECIAL – Pad Prik Wan, Sweet & Sour.

Just one of our many lunch time specials.



Kippa-Ring Shopping
Centre

Café

Ph 3283 4739

THE COFFEE CLUB KIPPA-RING

Feature: At The Coffee Club Kippa-Ring you can enjoy your favourite cafe meals and great coffee all day, every day. Open from 7:30am-5:30pm weekdays, late Thursday 7pm, and 8am-4pm weekends. So Meet You at The Coffee Club Kippa-Ring.



APRIL What's On.

02 TUESDAY

MUSIC **MICHAEL WHITMORE**
Redcliffe Leagues Club 11am

03 WEDNESDAY

MUSIC **CATHY DRUMMOND**
Redcliffe Leagues Club 11am

MUSIC **MUSICAL BINGO**
Bramble Bay Bowls Club 7pm

04 THURSDAY

MUSIC **MARCO**
Redcliffe Leagues Club 11am

MUSIC **ROSIES KARAOKE**
Bramble Bay Bowls Club 6:30pm

EVENT **ROBERTSON BROTHERS 1960S TV SHOW**
Redcliffe Entertainment Centre 7pm
Adults: \$79.95 | Concession: \$74.95 | Groups

05 FRIDAY

MUSIC **FORTUNATO**
Redcliffe Leagues Club 11am

MUSIC **B-ROCKED**
Redcliffe Leagues Club 7pm

MUSIC **STEVE PETERSEN**
Moreton Bay Boat Club 7pm

MUSIC **FITZ&CO**
Bramble Bay Bowls Club 7pm

EVENT **ROBERTSON BROTHERS 1960S TV SHOW**
Redcliffe Entertainment Centre 7pm
Adults: \$79.95 | Concession: \$74.95 | Groups
(10+): \$74.95

06 SATURDAY

EVENT **PLANT SWAP AT REDCLIFFE MUSEUM!**
Redcliffe Museum 10:30am - 11:30am
Free event- Join us at Redcliffe Museum to take part in a community plant swap. Bring along a plant, a cutting, or some seeds to exchange, and share tips and tricks with your fellow gardeners. No green thumb necessary, just a passion for plants and a seedling or two! Gardeners and growers of all ages are welcome, younger nature-lovers can have a go at our drop-in activity.

MUSIC **BROWN SUGA**
Redcliffe Leagues Club 7pm

MUSIC **THE LOVE CATS**
Bramble Bay Bowls Club 7pm

EVENT **ALBUMS TURNING 50 | 1974 EDITION**
Redcliffe Entertainment Centre 7:30pm
Tickets: \$49.00

07 SUNDAY

MUSIC **NATE DANIELS**
Bramble Bay Bowls Club 1:30pm

MUSIC **JUST JAMMIN**
Moreton Bay Boat Club 2:30pm

09 TUESDAY

EVENT **THE MAGNIFICENT BUBBLE SHOW**
Redcliffe Entertainment Centre 11am
Tickets: \$15.00



MUSIC **MICHAEL WHITMORE**
Redcliffe Leagues Club 11am

10 WEDNESDAY

MUSIC **TOBY TYLER**
Redcliffe Leagues Club 11am

MUSIC **MUSICAL BINGO**
Bramble Bay Bowls Club 7pm

11 THURSDAY

EVENT **GLEN'S MAGIC SHOW**
Redcliffe Entertainment Centre 11am
Tickets: \$15.00



MUSIC **BILLY GUY**
Redcliffe Leagues Club 11am

MUSIC **ROSIES KARAOKE**
Bramble Bay Bowls Club 6:30pm

12 FRIDAY

MUSIC **FORTUNATO**
Redcliffe Leagues Club 11am

MUSIC **ME & JODIE LEE**
Moreton Bay Boat Club 7pm

MUSIC **DARLINGTON STRIPES**
Redcliffe Leagues Club 7pm

MUSIC **ANIMAL BAIT**
Bramble Bay Bowls Club 7pm

EVENT **THE MUSICAL STORIES...**
Redcliffe Entertainment Centre 7:30pm
The Musical Stories of Helen Reddy, Olivia
Newton-John & Judith Durham | Adults: \$79.90 |
Concession: \$74.90 | Groups (10+): \$69.90

A large graphic for Bridge FM 99.7. It features a central circular logo with a white bird flying over a bridge, with the number '99.7' and the text 'BRIDGE FM' below it. The logo is surrounded by a yellow border. The background is black with red and blue musical notes and stars. At the bottom, there are silhouettes of a crowd with their arms raised.

Great Rock Variety
Your local community station more info: 997fm.com.au
Tune in & you'll never tune out

13 SATURDAY

MUSIC **DIRTY DICE**

Bramble Bay Bowls Club 7pm

MUSIC **JAM JAH**

Redcliffe Leagues Club 7pm

EVENT **THE JOE COCKER EXPERIENCE**

Redcliffe Entertainment Centre 7:30pm
Adults: \$59.00 | Concession: \$50.00 | Child: \$44.00
| Family (2A + 2Ch): \$150.00 | Groups (10+): \$50.00



14 SUNDAY

EVENT **MOUSETRAP THEATRE COMPANY KIDS SKIT**

Redcliffe Museum 10:30am - 12:30pm
Redcliffe Museum is very excited to bring you a program of short skits and plays from our local Mousetrap Theatre Company. Kids class have prepared a selection of entertaining skits and short plays: "Rome'n Around" "Australia vs New Zealand, who owns What?" Places are limited. Book your free tickets online, call or email us. Phone 07 34806700. Email- Redcliffe.museum@moretonbay.qld.gov.au

MUSIC **ALEX KOSENKO**

Bramble Bay Bowls Club 1:30pm

MUSIC **SCARLETT GUNNER**

Moreton Bay Boat Club 2:30pm

15 MONDAY

EVENT **THE WORLD OF MUSICALS**

Redcliffe Entertainment Centre 7:30pm
Adults: \$79.90 | Concession: \$74.90 | Child: \$59.90
| Family (2A + 2Ch): \$250.00 | Groups (10+): \$74.90

16 TUESDAY

MUSIC **ROSE POWELL**

Redcliffe Leagues Club 11am

17 WEDNESDAY

MUSIC **TOBY TYLER**

Redcliffe Leagues Club 11am

MUSIC **MUSICAL BINGO**

Bramble Bay Bowls Club 7pm

18 THURSDAY

MUSIC **DAVE GRAY**

Redcliffe Leagues Club 11am

MUSIC **CASEY FOGG**

Redcliffe Leagues Club 5pm

MUSIC **ROSIES KARAOKE**

Bramble Bay Bowls Club 6:30pm

19 FRIDAY

MUSIC **FORTUNATO**

Redcliffe Leagues Club 11am

MUSIC **ALICE STREET BAND**

Moreton Bay Boat Club 7pm

MUSIC **CHERRY RED**

Bramble Bay Bowls Club 7pm

MUSIC **CAPTAIN THUNDERBOLT**

Redcliffe Leagues Club 7pm

EVENT **RUNNING IN THE SHADOWS OF FLEETWOOD**

Redcliffe Entertainment Centre 8pm
Running in the Shadows of Fleetwood Mac |
Adults: \$69.00 | Concession: \$55.00 | Child: \$35.00
| Groups (10+): \$56.00



20 SATURDAY

MUSIC **RHYTHM RATZ**

Bramble Bay Bowls Club 7pm

MUSIC **COUNTERFEIT HEROES**

Redcliffe Leagues Club 7pm

21 SUNDAY

MUSIC **OPEN MIC**

Bramble Bay Bowls Club 1:30pm

EVENT **MINI FLORAL WREATH + HIGH TEA**

Reid's Place Scarborough 2pm - 4:30pm

Join us for a mini floral wreath making workshop and vintage high tea at Reid's Place. No floral arrangement experience necessary. All instructions, materials, fresh seasonal flowers and equipment provided. Best of all you take home your very special handmade mini floral wreath.

MUSIC **HELD TO RANSOM**

Moreton Bay Boat Club 2:30pm



23 TUESDAY

EVENT **KING OF THE SWINGERS | SINATRA**

Redcliffe Entertainment Centre 11am

Tickets: \$29.00



Brisbane North Dementia Choir

Living well with Dementia

The Brighton Wellness Hub has started a choir for people living with dementia and their carers.

If you would like to find out more information or register, please call Katie at the Brighton Wellness Hub 3631 7568.

Choir Program to run Fridays (7-8 week terms)

Time: 9.30 am – 12.00 pm

Where: @ the Brighton Wellness Hub

Next one commencing April 2024.

Please note there will be a small fee for attendees

Morning Tea provided



SADC

Sharon Alback Dance Centre

Celebrating 70 years of teaching dance on the Redcliffe peninsula in 2022!

DOES YOUR CHILD WANT TO DANCE?



Redeem your free trial today to join our dance family!



Located at the Redcliffe Entertainment Centre, 8 Downs St, Redcliffe, 4020



Scan the QR Code to visit our website and redeem your free trial!



MUSIC **MICHAEL WHITMORE**
Redcliffe Leagues Club 11am

24 WEDNESDAY

EVENT **YOUR FAMILY'S MILITARY MEDALS**
Redcliffe Museum 10am - 11am
Learn how to preserve and restore your family's military medals at this free workshop at Redcliffe Mus Eastgate from Northside Medals will share his expert advice on preserving these treasures. Bring along your family's medals to help ensure they look their very best. Bookings are essential. Please book online below, call or email the museum.

MUSIC **TOBY TYLER**
Redcliffe Leagues Club 11am

MUSIC **MUSICAL BINGO**
Bramble Bay Bowls Club 7pm

25 THURSDAY

MUSIC **BRIAN AVERY**
Redcliffe Leagues Club 1pm

MUSIC **COUNTRY BOYS**
Redcliffe Leagues Club 6pm

MUSIC **ROSIES KARAOKE**
Bramble Bay Bowls Club 6:30pm

26 FRIDAY

MUSIC **FORTUNATO**
Redcliffe Leagues Club 11am

MUSIC **STEVE PETERSEN**
Moreton Bay Boat Club 7pm

MUSIC **SLOW COOKER R&B**
Bramble Bay Bowls Club 7pm

MUSIC **DJ PETER**
Redcliffe Leagues Club 7:30pm

MUSIC **BARNES STORM (JIMMY BARNES TRIBUTE)**
Redcliffe Leagues Club 8:30pm

27 SATURDAY

MUSIC **UNDERCOVER BLONDE**
Bramble Bay Bowls Club 7pm

MUSIC **EMPYRE**
Redcliffe Leagues Club 7pm

28 SUNDAY

MUSIC **MATTY NEAL**
Bramble Bay Bowls Club 1:30pm

MUSIC **BLARNEY STONE**
Moreton Bay Boat Club 2:30pm



30 TUESDAY

MUSIC **MICHAEL WHITMORE**
Redcliffe Leagues Club 11am



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Enough is Enough!

The nefarious activities of gangs of juvenile criminals invading our homes, stealing our possessions including our cars and even murdering our innocent citizens, have got to stop! With a state election looming in October, the State Government has got to act, NOW!



WITH RICHARD LANCASTER

Aggrieved citizens, tired of a weak judicial sentencing system, supported by a lenient Juvenile Justice Act, have lobbied our politicians, they have marched in our streets demanding government action, resulting in only marginal results. Frustrated householders have

strengthened their doors and windows, employed security guards to nightly patrol their streets and installed expensive security systems, which not only sound the alarm but take photographs of the intruders as well. However, these juvenile hoodlums have realised that by neutralising the household electricity box, the expensive security system is rendered inoperable. Queensland police are, to say the least, frustrated. No sooner than they arrest these miscreants, the weak judicial system forgives them and allows them back onto our streets, some with as many as 80 prior convictions, to carry on with their evil. It's little wonder that these teenage thugs show little respect for our police force and our judiciary. When will the government re-examine the Juvenile Justice Act and repeal those elements of it that are helping to cause this expanding problem of juvenile crime? Instead of building more expensive juvenile detention centres, why not create secure camps far from human habitation, where these offenders can be rehabilitated using discipline combined with care and learning, so that they may return to their communities with a different life perspective? And only then, when the camp authorities are convinced that these individuals are fully rehabilitated, can they return to society.

The chamber has recently announced that they will be holding the Redcliffe Peninsula Chamber of Commerce 2024 Business Awards, sponsored by Moreton Money. The official launch will be on 4 June.

The event will be held at the Mon Komo Hotel Redcliffe on 2 November. This will be an excellent opportunity to recognise the top-performing businesses in the Redcliffe area. There will be a number of categories. Further announcements will be through the chamber website and the media.

The first member's meeting was held on 13 February. Terry Reader, the Dolphins CEO, gave an interesting presentation on the progress of the club in the NRL competition and their hopes for the future. All locals are keen to see our team do well. PHINS UP.

The membership of the chamber is growing and monthly events – be they member's meetings, member's mingles or panel discussions – have been well attended. Should you be interested in joining the Chamber of Commerce go to the website: redcliffepeninsulachamber.org.au

The site provides details of all upcoming chamber events and what we are about.

The \$1.1 billion upgrade of Redcliffe Hospital is proceeding and will see the addition of a new nine-storey clinical services building, the addition of 204 new beds and the expansion of existing services including theatres, emergency, birthing, endoscopy and other improvements in facilities. Over the four years expected to complete the project, 2573 jobs will be created. A definite boost for the local economy.

Our Jobs for Seniors project is still active, so if you are looking to take on a part-time worker with extensive experience, contact the writer on 0406 967 687 or by email at kendunn1949@gmail.com.

GOOD MENTAL HEALTH

ACT & The Happiness Trap

There has been a lot of talk lately about Acceptance and Commitment Therapy (ACT).



WITH **TANYA FISHER**

A third-wave cognitive-behavioural therapy intervention, it was created by Stephen C. Hayes and has been popularised by Russ Harris, the author of *The Happiness Trap* (2007 & updated 2021). ACT offers a unique approach to happiness, which you might like to try for yourself.

Here is how you might cultivate happiness using ACT language and principles:

Mindfulness: Be fully present in the moment, observing your thoughts and feelings without judgment. Mindfulness allows you to connect with your experiences and accept them as they are.

Values and Committed Action: Clarify your core values—what truly matters to you. Then take committed actions in line with those values. Living in accordance with your values leads to a more meaningful and fulfilling life.

Psychological Flexibility: ACT aims to increase psychological flexibility. This involves being aware, attentive, and engaged in your experiences while adjusting your behaviour to serve valued ends. It's about embracing life's challenges while pursuing what matters most to you.

Acceptance: Acknowledge and accept unwanted thoughts, emotions, and sensations. Rather than struggling against them, learn to coexist with discomfort while moving toward your goals.

Embrace Your Demons: Happiness is not about avoiding pain, it's about embracing it. Acceptance allows you to live a rich, full life despite inevitable difficulties.

Working with a Clinical Counsellor, like me, we can explore how happiness isn't the absence of pain, it's the ability to navigate life's ups and downs with resilience and purpose. Together we can delve deeper into ACT concepts and give you practical tools for living a more fulfilling life.

All the best, Tanya



STORY **RICHARD LANCASTER**

I often wonder how and when authors first begin their mostly lonely journey, endlessly scribbling or typing words and then rewriting countless pages, until finally they decide that the final collection of pages is ready for publication.

Kallangur's Stephen Cherrill knows that feeling well. His journey as an author started as a nine year old, living in the family home in Lincoln in the United Kingdom. Borrowing his older sister's toy typewriter, he authored a series of small magazines consisting largely of fictional short stories, which he distributed to family members and friends.

But his writing lay dormant until some 60 years later, when a now mature Stephen Cherrill revisits his creativity and in doing so, has written and published a near 400 page mystery crime novel unusually named *Elephant Juice*.

The novel is not your usual crime whodunnit, it's rather a whydunnit and takes the reader down some twistingly unusual paths, including featuring the supernatural. The story opens with a stalking and then the murder of a young 16 year old girl Charlotte, in a village churchyard. And this is where the story starts its unusual twisting path. The girl's soul does not want to go to the afterlife, so she talks to her deceased grandmother on ways of how to delay the process of her death.

There's a policeman in the story, who plays a part in the eventual outcome. This is a readable, yet somewhat unusual story. The book is available on Amazon at \$25 or can be read on Kindle for \$2.99.

You will only know what you're in for when your time arrives.

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Follow the steps and losses of Charlotte David while she, with the help of her deceased grand, copes with her own situation.

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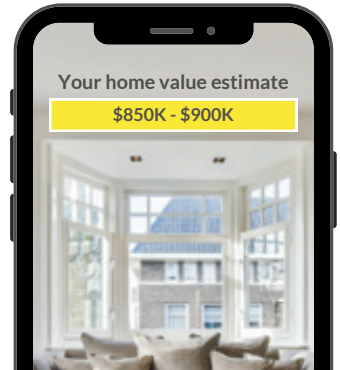
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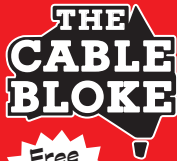
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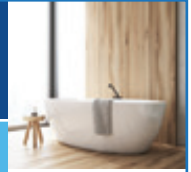
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F	U	S	S	L	I	M	E	S	O	N	S	R	I	F	F		
U	T	A	P	E	C						T	D	T	L			
S	T	A	Y	S	S	I	T	U	P	S	C	I	N	E	M	A	
I	B	S				S	U	O	S	R	G						
L	I	S	T	E	N	E	R	F	R	U	I	T	B	A	T	S	
L	O	M	X	F	F	T	R	T	T								
A	D	L	I	B	E	V	E	N	I	N	G	A	M	I	G	O	
D	V	L	R	A	N	U	C	O	N								
E	L	E	M	E	N	T	A	R	Y	I	N	S	T	A	N	C	E

APRIL TIDE TIMES

TIME	M	TIME	M	TIME	M	TIME	M	TIME	M
1	0141 2.15 0824 0.96 MO 1351 1.59 1949 0.79	7	0213 0.42 0821 2.56 SU 1500 0.35 2050 2.34	13	0031 2.47 0713 0.76 SA 1239 1.70 1832 0.62	19	0021 0.85 0634 2.14 FR 1315 0.70 1914 1.93	25	0431 0.64 1004 2.00 TH 1618 0.47 2241 2.41
2	0251 2.12 0953 0.95 TU 1523 1.55 ☉ 2113 0.84	8	0306 0.36 0905 2.52 MO 1540 0.30 2136 2.47	14	0119 2.34 0815 0.87 SU 1335 1.55 1915 0.77	20	0112 0.77 0717 2.18 SA 1350 0.62 1951 2.06	26	0509 0.68 1038 1.92 FR 1647 0.50 2315 2.41
3	0418 2.16 1121 0.86 WE 1658 1.64 2245 0.79	9	0356 0.36 0948 2.43 TU 1616 0.28 ● 2220 2.56	15	0215 2.21 0930 0.93 MO 1454 1.48 2016 0.91	21	0156 0.69 0754 2.19 SU 1422 0.56 2026 2.17	27	0547 0.73 1114 1.83 SA 1717 0.55 2353 2.37
4	0536 2.28 1232 0.71 TH 1812 1.81	10	0444 0.40 1030 2.28 WE 1650 0.31 2303 2.60	16	0324 2.10 1045 0.92 TU 1629 1.51 ☉ 2147 0.98	22	0236 0.65 0828 2.18 MO 1452 0.51 2100 2.27	28	0630 0.79 1155 1.74 SU 1752 0.62
5	0005 0.67 0640 2.41 FR 1329 0.56 1911 2.00	11	0531 0.50 1112 2.09 TH 1723 0.38 2347 2.56	17	0440 2.07 1147 0.86 WE 1739 1.64 2316 0.94	23	0315 0.62 0900 2.14 TU 1521 0.48 2133 2.34	29	0035 2.33 0721 0.84 MO 1246 1.66 1837 0.69
6	0114 0.53 0733 2.52 SA 1417 0.44 2002 2.18	12	0620 0.62 1154 1.89 FR 1757 0.49	18	0544 2.09 1235 0.78 TH 1831 1.79	24	0354 0.62 0931 2.08 WE 1550 0.46 ☉ 2206 2.39	30	0129 2.28 0827 0.86 TU 1354 1.61 1939 0.77



FISH OF THE MONTH

COMMON TOADFISH - TETRACENOS HAMILTONI

A few species of Pufferfish inhabit Moreton Bay. The most prolific is the common Toadfish where almost any trip down to the local waterfront or jetties will see you find them quite easily feeding on the water's edge.

They can blow themselves up like a balloon when threatened to appear larger and they often bury themselves in the sand with only their eyes exposed.

Growing to about 15cm they are usually caught when fishing for smallmouth fish like whiting and baitfish and when in large schools can be a real issue taking bait meant for other species.

This fish is very poisonous and cannot be eaten and although it can be handled quite safely, with four large teeth fused together like rabbits the larger fish can also leave a nasty bite.



"Pete's Fishing and Underwater Videos" on Youtube and Facebook

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